

RAPHAEL HOUSE SCHOOL : TERM 3 ADULT EDUCATION PROGRAMME 2010

*Stamina... *Serenity... *Vitality... *Sound Sleep... *Equipoise...
*Endurance... *Resistance to Winter Ills... * Zest for Life...

"GET GOING WITH GRAINS!"

Presenters: **Debbie ter Borg &
Fiona Walker**

Date: **Saturday 21st August
8.00 am to 4.00 pm**

Venue: **Eurythmy Kitchen**

Become better acquainted with the seven archetypal grains in all their many guises.....whole, kibbled, flaked, milled.....as breakfast cereals, beverages, savoury dishes, baked goods.....so many ways to enjoy these complex carbs!

Cost: **\$50.00 (includes breakfast,
lunch, morning/afternoon tea)**

Minimum of 7 participants required and limited to 12

Enrolment: **Please see flyer or send name,
phone number, email and cheque
(payable to Wendy Cook 2010
Tour) to: D. ter Borg, 70 Hill Rd,
Belmont, Lower Hutt 5010 or
email debyterborg@hotmail.com
for online registration and payment**

"The Great World View that stands behind Waldorf (Steiner) Education"

Presenter: **Norbert Mulholland**

Date: **Wednesday 25th August
7.30 pm**

Venue: **Eurythmy Room**

From the background of the enormous challenges facing the world today, Norbert will journey to the core of the human being. And from there hopefully shed light on our present conditions and find again the great purposes of humanity, which our education strives to support.

Norbert has been a student of anthroposophy for over 30 years and has penetrated to its depth. He has a background in fine art, drama and literature. In the 90's he was heavily involved in adult education, lecturing and teaching extensively at various training courses. Norbert has worked in the special needs field for 25 years and has been developing Curative Education at Raphael House for 9 years. He continues to be active as a speech artist, therapist and drama teacher.

Cost: **Koha at the door**

No enrolment necessary

"Life on the Edge"

Presenter: **Julia Sherriff**

Date: **Monday
6th September
7.30 to 9.00 pm**

Venue: **Eurythmy Room**

In February this year South Africa was named the country with the biggest divide between rich and poor. During Julia's time away she worked in one of the poorest areas outside Capetown with an inspiring group of people training women to set up children's centres in the townships. She has come home with more questions than answers!

Cost: **Koha (All money will
go towards equipment
for the children's
centres)**

No enrolment necessary